

berlin observer

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U. S. Command, Berlin

May 16, 1985

Commissary gets new look June 10

by Mike Warren

Berlin's commissary will get a new look inside beginning June 10, according to Charles D. Stuebner, commissary officer.

The commissary's floor and walls will be renovated in a project that is expected to take 10-12 weeks.

The first two phases of the renovation will concentrate on replacement of floor tile in the old section of the commissary, which was built in the mid-50s. Stuebner said the tile is being replaced because it is cracking and hard to keep clean.

During the first phase of the renovation, only seven (instead of the normal 11) cash registers will be open, Stuebner said. He suggests that customers shop during the morning and early afternoon on week days to avoid the late afternoon and weekend rush.

In the renovation's second phase, a new delicatessen will be installed, in addition to the new tile.

In phase III, the tile in the newer area of the commissary will be cleaned and sealed.

Throughout the renovation, the commissary's walls will be completely repainted in an effort to make the commissary resemble civilian supermarkets in the United States, Stuebner said. The walls will be color-coded—blue for dairy and frozen products, red for meat, and green for produce.

While the renovation is in progress, customers will be able to find the items normally in the section being renovated, in the warehouse on the far right side of the commissary. Directions will be posted inside the store.

Other improvements to the commissary this summer include the on-going replacement of freezer display cases, and "adding 600 to 700 new items," said Stuebner. The new items, which range from liquid



Rodeo on the way

Get ready and saddle up, because it's almost rodeo time in Berlin. This year's rodeo runs May 25-27 and

June 1-2 at the YA field. Plenty of food, lots of action, and a big country fair highlight the events.

laundry detergent to aspirin, are the result of suggestions from customers, the commissary council, and Brig. Gen. James Hayes, commander of the Troop Support Agency.

According to Stuebner, Hayes, who toured European commissaries in February, told European commissary officers they should increase the number of items they stock, if their store could handle such increases.

National Military Spouse Day set for May 23

Those behind-the-scenes heroes—military spouses—will be honored May 23 with a special "day."

That day has been designated National Military Spouse Day by the Secretary of Defense, and it will be celebrated all over the Berlin military community.

The area club system will offer special two-for-the-price-of-one meals to celebrate the occasion. At the Harnack House, striploin steak is on the menu for \$7.95. The Checkpoint will feature stuffed rolled beef at \$6, and the Starlight Grove cafeteria will serve stuffed Rock Cornish Hen for \$6.95. Reservations must be made for Harnack House supper by calling extension 819-6244. The hours for the meals at the Checkpoint

and Starlight Grove clubs are 5 to 10 p.m.

The Main Exchange and Exchange facilities are also getting into the act. The Main Exchange will be open at 10 a.m. with free coffee and cake for all spouses. The first 500 spouses will receive a commemorative flower.

Every hour on the hour beginning at 11 a.m., a drawing will be held for two free tickets to the German Bundesgarten Show. The cafeteria at Truman Plaza will offer breakfast and lunch discounts.

The Exchange is also sponsoring three free games of bowling for all military and civilian members of the community, between 4 and 9 p.m. The flower shop and barber shops will also offer discounts.

Units are scheduling tours and special meals in their dining facilities for spouses.

MSAD is going one better by promoting an entire week of activities for spouses. Highlights from MSAD's "Military Spouse Week," May 18-25, include a boat ride on the Wannsee, classes on knitting, aerobics, body sculpture, a shopping trip to the Forum, and softball tournaments. Call 6755 for more details.

And to support spouses with children, the Berlin Children's Center is reducing the cost of hourly care during the special meals offered by the clubs by 50 percent. BCC will also remain open until 9 p.m. on May 23.

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The Burger King controversy: one view

Editor:

I have recently sent a letter to the CSM and to the CG regarding the possibility of replacing the Main Cafeteria at Truman Plaza with a Burger King. I, personally, feel that replacing the cafeteria would be a grave mistake on the part of this community and I hope that when the opportunity comes for you to express your desires on this matter that you will take the following points into consideration and vote "NO" on Burger King.

The cafeteria is the only place you can get a wide variety of good, nutritious food both for breakfast and for lunch at Truman. For lunch there is also a very nice salad bar plus fresh fruits and juices. The cafeteria offers a wide variety of food from all the basic food groups — something that a Burger King could not do.

The prices at the cafeteria are such that the lower grades can afford to take their families out to eat for a good meal — such as spaghetti night.

Replacing the cafeteria with **another** hamburger joint (in addition to the ones we already have at both Andrews and McNair) is not in keeping with the Army's guidance on good nutrition since a hamburger place is not equipped to provide a well balanced menu.

I think that we have a responsibility as community leaders to take seriously the total well being of our service members and their families. No concerned parent would allow a child to have **ONLY** a steady diet of hamburgers, and we should not allow this community to offer **ONLY** the same diet to the people who eat at the Main cafeteria.

Let's continue to offer a **TOTAL** package to our troops and their families — Good Nutrition **AND** Good Exercise Programs! **VOTE "NO"** to Burger King.

Jaye Keith



Warning: high blood pressure

What is High Blood Pressure?

High blood pressure is a condition in which a person's blood pressure becomes too high and stays there. Blood pressure normally goes up and down during the day, depending on a person's activities. The problem occurs when blood pressure stays too high.

About one in four Americans has high blood pressure. It is a dangerous disease if untreated because it can lead silently but directly to crippling or deadly events—heart attack, stroke, and kidney failure. High blood pressure is especially dangerous because it has no outward signs. A person can have it and not even know. It rarely produces symptoms. It does not hurt, and it rarely causes dizziness, nervousness, or headaches. As a result, many people live with high blood pressure for years without knowing it, but they still suffer the physical effects.

It is very important for people to have a regular blood pressure checkup and, if it is high, to follow the prescribed treatment. Along with drugs, salt reduction, weight loss for the overweight, and exercise are among the most important ways to treat high blood pressure.

Good Health Habits Help You Beat the Odds

What do uncontrolled high blood pressure, high blood cholesterol, and smoking have in common? They all increase your chances of getting heart disease.

And don't forget: excessive salt consumption and heavy drinking may contribute to your chances of having high blood pressure. But you can reduce your odds by losing excess weight, quitting smoking, reducing salt consumption, and controlling your blood pressure.

How much? The answer is different for each person. Your doctor can tell you how big a chance you may be taking with your health by not controlling risks that can be modified or eliminated.

How many risks are you willing to try to reduce? Talk with your doctor about changing everyday habits to help you beat the odds. Then decide which change you are able to make first, and begin immediately.

Salt and Your Blood Pressure

Research shows that some people can lower their high blood pressure by cutting down on their salt intake. Table salt is a compound made up of sodium and chloride. It is the sodium in salt that causes the problem. Most of us consume much more than we need. If you are having a problem with your blood pressure, your doctor may prescribe pills or ask you to cut down on your salt consumption.

High Blood Pressure is a Family Affair

Doctors have found that there is a chance of more than one member of a family having hypertension. Family members will benefit if they learn early on how to deal with high blood pressure, watch their own weight, cut back on salt, and get more exercise. As they help you treat your high blood pressure, they will help themselves.

Give your family members things to do to help them help you control your high blood pressure. Your doctor or nurse can tell you how to measure blood pressure and record readings on a chart. A family member might be asked to remind you to take daily medication. Family members also can help with pill refills, doctor visits, and getting help from other health workers like educators, nutritionists, or dietitians.

Friends can help, too. Changes your doctor asks you to make—such as reducing your weight, using less salt, exercising more, or smoking less—effect activities often done among friends.

Travel Tips

Traveling should always be an enjoyable experience. To ensure that it requires careful planning. Your American Express Community Bank has compiled the following travel tips to help you plan a safe and pleasant journey:

Travel light

- Take only **necessary** items of value with you.
- Never pack valuables in your luggage — carry them with you.
- Use a professional travel agency to plan your trip.

Money matters

- Carry most of your money in Travelers Cheques.
- Copy Travelers Cheque, charge card, and passport numbers. Keep a copy with you and leave one at home or with a friend.
- Carry a widely accepted charge card such as the American Express Card to **minimize cash**.
- Pay for airline tickets by charge card.
- Estimate the value of your luggage and its contents. Consider insuring it before you depart.
- Generally speaking, purchase only enough foreign currency for a day's expenses at your destination. Better rates are usually available in-country. Care should be taken when purchasing foreign currencies — reconversion to dollars could cause you a monetary loss. The stronger the dollar is, the more expensive it is when purchased with foreign currency.

U. S. Commander, BerlinMaj. Gen. John H. Mitchell
Commander, Berlin BrigadeBrig Gen. Thomas N. Griffin Jr.
Public Affairs Officer Lt. Col. Robert E. Ahrens

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Connelly Cup judges evaluate 40th Armor

By David Porreca

Berlin's Connelly Cup season came to an end Thursday as a team of military and civilian judges evaluated 40th Armor Dining Facility for the title of best small dining hall Army-wide.

Fortieth Armor was the last of Berlin's three Connelly nominees to undergo scrutiny. Earlier in April, 4th Battalion went up for worldwide honors in the field mess category, and Combat Support Battalion followed suit in the large dining facility category.

The joint military-civilian judging team which inspected 40th Armor represented the 17-year-old partnership between the Army and the International Food Service Executives Association. Heading the team was Donna R. Steinbach, director of food services at Humana Hospital in West Palm Beach, Fla. Accompanying her were Maj. E. J. Vincent from the Troop Support Agency at Fort Lee, Va., and Maj. Diana Salzman from Fort Belvoir, Va.

Berlin was the last stop for the team, which had already judged dining facilities in eight major Army commands worldwide. The judges brought with them a series of tough standards that 40th Armor had to meet if it hoped to bring the Connelly Cup to Berlin.

The judges began their day at 5 a.m. by examining the preparation of breakfast, and remained until lunch was completed at 1 p.m. In the interim, they



Sp5 Ken ("The Myth") Bryant of 40th Armor chows down on some of the Army's best food.

looked at food handling, staff skills, financial and administrative management, staff training, on-the-job training, sanitation, and virtually every other aspect of food service.

"We look at the facility as a whole," Steinbach said. "Everything that happens from one end to the other is taken into consideration."

"We're looking for the best in the Army," Vincent added. "We use a stringent checklist. Our ultimate goal is to ensure that excellence in food service is attained. We want soldiers to be pro-

vided with food service that is as close to civilian industry as possible. We don't want them shortchanged."

For Steinbach, the current tour of judging is her first exposure to Army food service. Her impression is that the military is getting close to its goal of equaling civilian food programs.

"Many Army dining halls are similar to in-plant civilian food service, which serves corporation employees in-house," she said. "There is a close resemblance throughout."

Vincent and Salzman, on the other hand, have had much more experience

with Army food service, and their current tour brought home to them just how far Army chow has progressed through the years.

"There's been a tremendous improvement," Vincent said. "Years ago there was only a single entree. Primitive trays were used. It was a stark existence. We have yet to reach civilian industry standards, but I think we'll soon have parity. We have to, if we want to stay competitive with the Burger Kings and the like, which are moving on post almost everywhere."

Good though Army food service may be when compared to past years, the judges agreed that improvements are still in order. The updating of equipment, renovation of facilities, and better packaging and presentation of meals were foremost among their suggestions for facilities everywhere.

"Our food is good," Vincent said. "But our displays haven't been the best. It's important that the foods be made to look attractive, because the soldier eats with his eyes. Garnishing, putting leafy vegetables in salad bars — these are ways display can be improved."

Following their Thursday evaluation, the judges returned home to the U.S. to sort through their findings and agonize over a winner. Their decision will be announced sometime in June, and representatives of the champion dining hall will fly to Hawaii to receive their award from the annual IFSEA convention.

Allied troops share weapons, compare skills

by David Porreca

Troops from 5th Battalion's Combat Support Company got a chance to show off their marksmanship last week as they took part in Friday's Allied Weapons Meet at Ruhleben Fighting City and Bernauer Firing Range.

Fifteen teams of American, British, and French soldiers spent the day pitting their skills against one another while exchanging and firing the basic infantry rifles of each nation. The weapons used by the soldiers were the American M-14, the British SLR, and the

French FAMAS.

The day began with a weapons familiarization session at the British fighting city of Ruhleben. There the troops were divided into teams, each composed of one American, British, and Frenchman. The competition opened with team firings at 100 meter moving targets and 100-200 meter known distance targets.

In the afternoon the scene shifted to the French Bernauer range, where the teams finished their competition by firing at an assortment of silhouettes and balloons at distances of 200-400 meters. At the conclusion

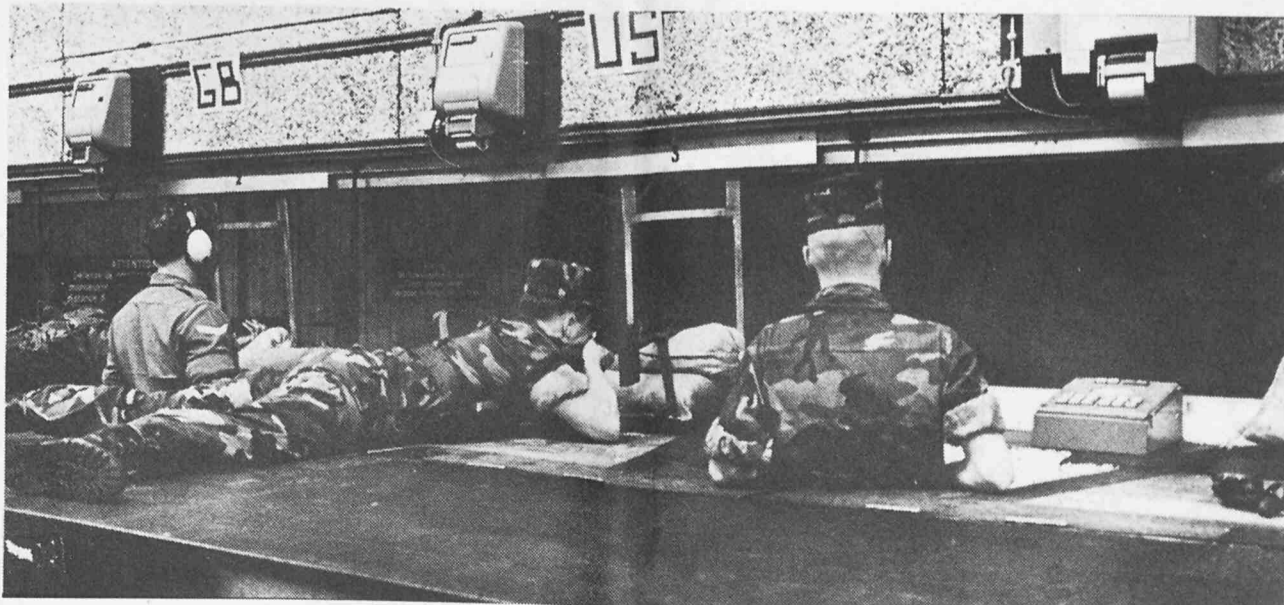
of the competition, the results of the day's firings were tabulated and a winning team announced. Brig. Gen. Thomas N. Griffin Jr., brigade commander, was on hand to present the award to the winners, Team Seven, featuring Sp4 Joseph Goodwin of CSC, and his counterparts from the British Royal Highland Fusiliers and the French 46th Infantry Regiment.

For Goodwin, the weapons meet was his first chance to train directly alongside his British and French allies. "It was a good experience," the Holly Hill, S.C., native said. "It gave us a chance to get to know the British and French individually. It was great to talk to them and exchange views."

Indeed, the comradeship which resulted from working together with the British and French was the biggest benefit most CSC troops derived from the meet. But in addition to the opportunity of getting to know the allies themselves was the chance to work with their weapons firsthand. The Americans gave the British and French weapons a close scrutiny, and came away impressed.

"I like their rifles—each has its own special advantage," said CSC's Sgt. Merle Edington. "The British SLR fires much like our M-14. It's deadly accurate at long ranges. The French FAMAS loses some long-range accuracy but compensates with its easy use in a tight environment like a city. It's very compact and easy to handle."

In addition to the firing competitions, the meet also featured a display of allied weapons. The British Wombat 120 mm antitank gun, the French 20 mm automatic gun, and various mines, mortars and rifles were some of the weapons that gleamed in the Friday sunshine at Bernauer range.



A member of 5th Bn's CSC fires away at Friday's Allied Weapons Meet.

Fun at TCA's Open House

photos by Jim Owens



The original Candy Bomber from the airlift days.



Some people found their own way to enjoy the Open House.



Canines are part of the Polizei Motorcycle Team too.



Polizei put on a daredevil show.



A youngster enjoys the view from a glider.

news notes

Reunion, Community Fair

by Mike Warren

Develop a responsive commissary. Improve the quality of child care service. Improve the sponsor program.

Those were some of the issues raised in the first Family Reunion, a community advocacy conference held last September. Next month, community members will find out what the Berlin Command did about such issues.

AFN-TV will air a program on the results of the reunion in June, according to Linda Neumann, community life branch operations assistant. At the same time, community members will have an opportunity to telephone in suggestions on topics to be discussed at this year's reunion.

The date for the program has not been determined. The Second Annual Family Reunion will be held Sept. 12 and 13 at the Harnack House, with the Community Fair slated for Sept. 14, from 10 a.m. to 5 p.m., in the Main Exchange parking lot.

As in last year's reunion, community members will be asked to volunteer to participate in the reunion discussions. The community commander will review their suggestions and appropriate agencies will be given the task of carrying out proposals, Neumann said.

The Community Fair will also be similar to the one held last year. Private associations and community service activities will be represented at the fair, giving community members a chance to see what types of services, organizations, and facilities are available to them.

BAHS advisory committee

Nominations of candidates for elections to the BAHS Advisory Committee for the 1985-86 school year are currently being accepted at the school. All interested persons who are willing to serve on this committee and would like their names to be placed on the election ballot or who desire more information may contact the school at 819-6393, before May 19.

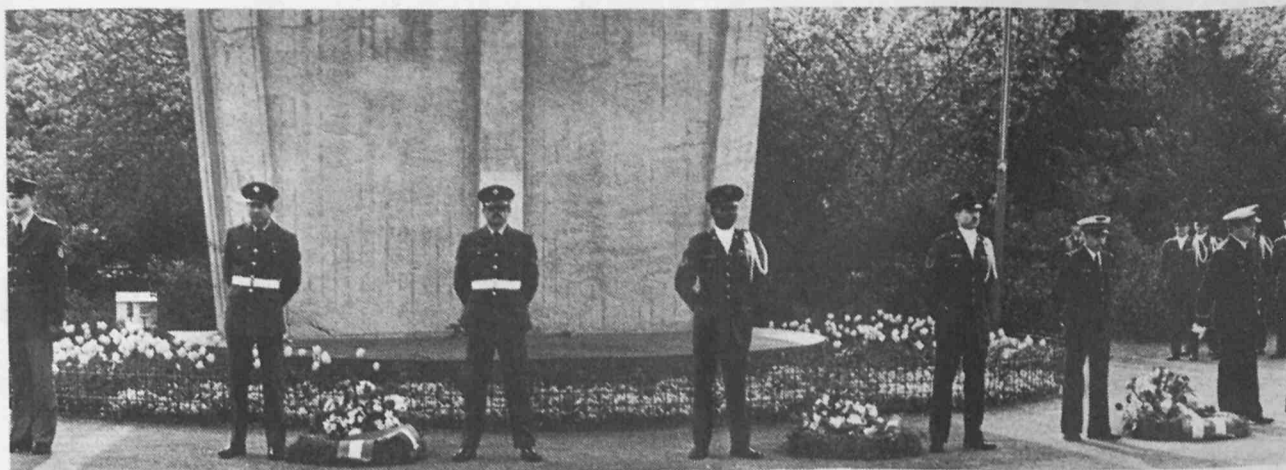
To qualify as a candidate for election, a person must be able to maintain membership for the whole term, and must be a parent of a student enrolled in the school or a professional school employee.

Elections will be held on May 29 and May 30 in front of the Main Exchange, Truman Plaza. Voting will be conducted from 3 p.m. to 7 p.m. on May 29 and from 11 a.m. to 1 p.m. and 4 to 6 p.m., May 30.

To vote in the School Advisory Committee's Elections you must be at least 18 years old and be:

- (1) a parent of a student enrolled at the school
- (2) a BAHS professional school employee
- (3) a BAHS student.

The School Advisory Committee works closely with the school principal on all matters affecting the operation of the school.



Airmen stand tall during Sunday's Airlift Memorial Commemoration ceremony.

Airlift Memorial Fellowship given

Six young Berliners were awarded Airlift Memorial Fellowships on Sunday, at a ceremony immediately following the commemoration of the 36th anniversary of the Berlin Airlift at the Airlift Memorial on the Platz der Luftbruecke. Hosts at the ceremony were American, British and French Commandants in Berlin.

The Airlift Memorial Fellowships will enable these Berliners to study for a period of one academic year in the United States, Great Britain or France respectively.

The Airlift Memorial Fund was established on May 12, 1959, the 10th anniversary of the lifting of the Berlin Blockade, by the Commandants of the three Western Sectors of the city. The Fund enables selected students and young professionals to study in the United States,

Great Britain, and France. Fellowship recipients must be German nationals under 35 years of age, permanently residing in Berlin, who have completed or are about to complete their full academic or professional training. These fellowships are intended for young people whose careers will bring them to some area of public affairs such as government service, education, social work, church work, politics, press, radio, television, or trade union activities.

Nearly 200 Berliners have already studied abroad under this program. Applications will be accepted this fall for the academic year beginning September 1986, at a time to be announced later. The selection program for the candidates is supervised by the Cultural Officers of the three Allied Powers in Berlin.

Spring cleanup award winners

BB Housing Area

Maj. Ritchie — Area Coordinator
Winner: 1 & 1a Flanaganstr.
BC: Maj. Sidle
1st time winner

Mr. Fischer — Area Coordinator
Winner: 13a & b Taylorstr.
BC: SFC Hill
1st time winner

LTC McGibony — Area Coordinator
Winner: 7, 7a, 7b Am Hegewinkel
BC: SFC Ingram
SSG Boynton ILO SFC Ingram
Previous Winner: Spring 83

LTC Leedy — Area Coordinator
Winner: 230/232 Argentinische Allee
BC: Maj. Streater
Previous Winner: Spring 84

LTC Spinello — Area Coordinator
Winner: 14/16 Pritchardstr.
BC: SSG Frank D. Haldeman
Previous Winner: Fall 84

Maj. Tartella — Area Coordinator
Winner: 4 Taylorstr.
BC: SFC Shinholster
1st time winner

Dueppel Housing Area
LTC Zabinski — Area Coordinator
Winner: 2-4 L. G. Wells
BC: TSG Dillon
1st time winner

LTC Griffard — Area Coordinator
Winner: 6-8 C. H. King Str.
BC: MSG Curtis
Previous Winner: Fall 81

LTC Bliederger — Area Coordinator
Winner: 13, 15, 17 Lissabonallee
BC: LPT Tolley
1st time winner

Baseler Housing Area

LTC Long — Area Coordinator
Winner: 115/117/119 Baseler Str.
BC: SSG Swindler
Previous Winner: Fall 81/82/Spring 83

Sundgauer Housing Area

LTC Yamamoto — Area Coordinator
Winner: 148a Sundgauer
BC: SFC Turner
Previous Winner: Fall 83

Clayallee Housing Area

LTC Donahoe — Area Coordinator
Winner: 52/54 Leichhardtstr.
BC: Mr. Carlson
Previous Winner: Spring 81

Single Houses

LTC Donahoe — Area Coordinator (Dreipful)
Winner: 10 Reichshofer Str.
Mr. Tully
Previous Winner: Spring 83/84

LTC Snell — Area Coordinator (Pueckler)
Winner: 34 Goldfinkweg
Mr. Dunham
1st time winner



 National Safety Council

steppin' out

Fairy-Tale Road celebrates Grimm Brothers' anniversary

What would the German Fairy-Tale Road be without the Brothers Grimm? Credit Jacob and Wilhelm Grimm that we are provided with one of the biggest fairy-tale collections. The cradle of fairy-tales is placed everywhere and not only along the Fairy-Tale Road, which leads from Hanau to Bremen.

When we talk about "Germany is Wunderbar" we also think of the romantic point of view. What do you think about getting captured by the world of fairy-tales. Wherever you go, everywhere the people will be able to tell you about those fairy-tales. You can walk through the woods that Little Red Riding Hood skipped through to see her grandmother, or visit the spot where Sleeping Beauty fell into her 100 year sleep. And should you go dancing into the wee hours in Cinderella's home town don't fret, your car will not turn into a pumpkin at the strike of midnight.

You can also experience and be delighted by going on expeditions along the Fairy-Tale Road. This trip should be started in Hanau, the Brother Grimm's native city. If you follow the traces of these most famous fairy-tale collectors you'll witness the different life stations by traveling over Steinau to Marburg, Kassel and Goettingen until up the Weser river in the free Hanseatic Town Bremen. The length of the Fairy-Tale Road is approx. 600 km.

Even today in the Hessian „Schwalm", a beautiful landscape, one can have a feeling for the story of the Little Red Riding Hood. Or one can hear Mother Holle who shook her beds quite rough over the Werra-valley this year.

Not to forget: Sleeping Beauty's residence is a big castle in the Rheinhardswald. Snow White was living with the seven dwarfs somewhere in the Weser-Bergland. Perhaps you'll find the place where she lived during your trip. The trip is both romantic and fantastic.

Eight national parks and several nature reserves are found along the Fairy-Tale Road. Highlands are changing with fertile river plains and deep green regions in the North. You drive through a quiet piece of Germany. From the touristic point of view it is a nearly unspent region. And because of this, it is the more cordial. But one thing you should avoid. The German Fairy-Tale Road is not a speedway. Spend some time to see the framework picturesque villages and little villages in the upper Hessian or Oberhessen as well as the Wera-valley. Take some time to walk through the Spessart.

On the way from Hanau to Bremen you'll find much art and culture, fairy-tales and fabulous things.

More information about the German Fairy-Tale Road and the year of the Brothers Grimm you'll get "live" in Nuremberg. Come to Nuremberg on July 6 to the big festival "Germany is Wunderbar". A lot of information and entertainment about the travel country Germany will be presented. The German Fairy-Tale Road is represented with their own stand and program.

Nuremberg offers you the opportunity to learn more about Germany with a big program accompanied by music and dance in traditional costumes. You'll experience old craft professions which



A typical costume from Hesse, where you can find the famous Fairy-Tale Road.

show their nearly forgotten skill. You'll experience open-minded Germans who are pleased to show you their country so that you can say: "Germany is Wunderbar".

If you want to know more about

"Germany is Wunderbar" simply write to: Arbeitsgemeinschaft Deutsche Märchenstrasse, 3500 Kassel, Postfach. Or to: Deutsche Zentrale für Tourismus e. V., Dept: GIW, Beethovenstrasse 69, D-6000 Frankfurt am Main.

calendar

Deutsche Oper Berlin

— 34-37 Bismarckstrasse —

- May 16 — *Pelléas and Mélisande* — in French — by Claude Debussy, at 19:00 hours
- May 17 — *Manon Lescaut* — in Italian — by Giacomo Puccini, at 19:30 hours
- May 18 — *Tosca* — in Italian — by Giacomo Puccini, at 19:30 hours
- May 19 — *Chamber Music* at Parkett-Foyer, beginning at 11:00 hours
- May 19 — *Pelléas and Mélisande* — in French, at 19:00 hours
- May 20 — Ballet Night: *Carmencita* by Madigan / Franck, Saint-Saëns, Fauré / Bizet, at 20:00 hours
- May 21 — *Die Weise von Liebe und Tod des Cornets Christoph Rilke* by Siegfried Matthus, at 20:00 hours
- May 22 — *La Bohème* by Giacomo Puccini, at 19:30 hours
- May 23 — *Boris Godunow* by Modest Mussorgsky, at 18:30 hours
- May 24 — *Die Weise von Liebe und Tod des Cornets Christoph Rilke* by Siegfried Matthus, at 20:00 hours
- May 25 — *Boris Godunow* by Modest Mussorgsky, at 18:30 hours
- May 26 — *Pelléas and Mélisande* by Claude Debussy, at 19:00 hours
- May 27 — Ballet: *Serenade / Opus 1 / Opus 5 / Bolero / Le jeune homme et la Mort* by Tchaikovsky / Webern / Ravel / Bach, at 15:30 hours
- May 28 — *Pelléas and Mélisande* by Claude Debussy, at 19:00 hours
- May 29 — *Boris Godunow* by Modest Mussorgsky, at 18:30 hours
- May 30 — Premiere: *Die spanische Stunde* by Maurice Ravel, at 21:00 hours
- May 31 — *Der Troubadour* by Giuseppe Verdi, at 20:00 hours

Deutsche Staatsoper

— 7 Unter den Linden —

- May 16 — Guest performance by the Bolshoi Theater, presenting the Ballet: *Raymonda*, at 19:30 hours
- May 17 — no performance
- May 18 — Guest performance by the Bolshoi Theater, presenting the Ballet: *Das goldene Zeitalter*, at 19:30 hours
- May 19 — Guest performance by the Bolshoi Theater, presenting the Ballet: *Das goldene Zeitalter*, at 19:30 hours
- May 20 — *Meisterwerk. Junge Talente*, at 19:00 hours
- May 21 — *Galathee/Die Insel . . .*, at 19:30 hours
- May 22 — *Carmina burana/Der Mond*, at 19:00 hours
- May 23 — *Don Pasquale*, at 19:30 hours
- May 24 — no performance

- May 25 — Ballet: *Macbeth*, at 19:30 hours
- May 26 — *Tosca*, at 18:00 hours
- May 27 — *Die Fledermaus*, at 18:00 hours
- May 28 — no performance
- May 29 — *Tiefland*, at 19:30 hours
- May 30 — *Die Hochzeit des Figaro*, at 19:00 hours
- May 31 — Ballet: *Dornröschen*, at 19:30 hours

Komische Oper

— 55-57 Behrenstraße —

- May 16 — *Madame Butterfly* at 19:00 hours
- May 17 — *Der Bettelstudent* at 19:30 hours
- May 18 — *Der Fiedler auf dem Dach* (The Fiddler on the Roof) at 19:00 hours
- May 19 — Ballet: *Wahlverwandtschaften* at 19:30 hours
- May 20 — Balletgala: private performance, at 19:00 hours
- May 21 — *Die Entführung aus dem Serail*, at 19:00 hours
- May 22 — *La Bohème*, at 19:30 hours
- May 23 — *7. Sinfoniekonzert*, at 20:00 hours
- May 24 — no performance
- May 25 — Ballet: *Romeo und Julia*, at 19:00 hours
- May 26 — *Così fan tutte*, at 19:00 hours
- May 27 — Ballet: *Romeo und Julia*, at 19:00 hours
- May 28 — no performance
- May 29 — no performance
- May 30 — no performance
- May 31 — no performance

Philharmonie

— 1 Matthäikirchstrasse —

- May 16 — *Piano Duo Roland Batik and Paul Gulde* present works by Mozart, Brahms, Ravel and Batik at 20:00 hours
- May 17 — *das sinfonie orchester berlin* under the direction of Borislav Ivanov presents works by Beethoven at 20:00 hours
- May 18 — *Berlin Philharmonic Orchestra* under the direction of Klaus Tennstedt presents works by Mozart and Mahler at 20:00 hours
- May 19 — Same program as above, at 20:00 hours
- May 21 — *Dallas Symphony Orchestra* under the direction of Eduardo Mata presents works by Schubert, Griffes, Rodrigo and Bartók at 20:00 hours

- May 25 — *Symphonisches Orchester Berlin* under the direction of Hans Zanotelli presents works by Brahms and Beethoven at 20:00 hours
- May 26 — *Radio-Symphonie-Orchester Berlin* under the direction of Riccardo Chailly presents works by Schönberg at 20:00 hours
- May 27 — Same program as above, at 20:00 hours
- May 31 — *Choir of the St. Hedwigs-Kathedrale* under the direction of Roland Bader presents works by Verdi, at 20:00 hours

Berlin Club system

- Thu. — *Starlight Grove* — Disco from 20:00 to 24:00 hours
- Friendship Pub* — R 'n' R from 20:00 to 24:00 hours
- Fri. — *Harnack House* — C & W Band from 19:00 to 23:00 hours
- Checkpoint NCO Club* — C & W DJ from 21:00 to 2:00 hours
- Gator NCO Club* — C&W DJ from 20:30 to 2:30 hours
- Starlight Grove* — DJ from 21:00 to 2:00 hours
- Friendship Pub* — Disco from 21:00 to 2:00 hours
- Sat. — *Checkpoint NCO Club* — Disco from 21:00 to 2:00 hours
- Gator NCO Club* C&W from 20:30 to 2:30 hours
- Starlight Grove* — Female Disco from 21:00 to 2:00 hours and Soul Band and Disco from 21:30 hours
- Friendship Pub* — DJ from 21:00 to 2:00 hours
- Sun. — *Checkpoint NCO Club* — Disco from 21:00 to 1:00 hours
- Starlight Grove* — Disco from 20:00 to 1:00 hours
- Mon. — *Friendship Pub* — Requested music from 20:00 to 24:00 hours
- Tue. — *Starlight Grove* — C&W from 20:00 to 24:00 hours
- Friendship Pub* — DJ from 20:00 to 24:00 hours
- Wed. — *Checkpoint NCO Club* — Disco from 21:00 to 1:00 hours
- Starlight Grove* — DJ from 20:00 to 24:00 hours
- Friendship Pub* — Disco from 20:00 to 24:00 hours
- Thu. — *Starlight Grove* — Disco from 20:00 to 24:00 hours
- Friendship Pub* — DJ from 20:00 to 24:00 hours

Club system specials

"First Take" featuring Denise Brooks will be performing at the *Starlight Grove* on May 18. If you love disco music you won't want to miss this full evening of outstanding entertainment. DJ "Sweet D" will spin all of your favorites between performances. The evening begins at 9 p.m., and will continue until 5 a.m. Admission is only \$2 per person.

Please watch requirements and deadline!

Community Events and Classified Ads for each week's issue will be printed on a space available basis only, and are due by close of business Monday. The events and ads will be run for one week and must be resubmitted for each issue. Only double-spaced, typewritten announcements will be accepted for printing. All ads must be signed to be accepted.

want ads

For Sale

2-year old male Rottweiler — \$500. Upright piano, \$600 firm. Call 833-1879.

'83 Nissan — 4-wheel drive pickup Kingcab, tilt Steering, 5 speed, automatic 4 wheel drive, 15,000 miles, American specs., \$4,600 or DM equivalent. Call 811-8192.

Reliable '76 VW Golf — excellent condition with many extras. Just passed inspection. Asking price: \$1,000 negotiable. Call Tom Colitt at 813-1837.

'78 BMW 316 — 2-door, German specs., AM-FM cassette stereo with 4 speakers, good condition, best offer. Call 813-6725 evenings and weekends.

Green tweed couch — love seat, chair, \$225. Plants, various size transformers, 220 elec. radiator, \$40. 2 small 220 heaters, 220 fan, multiplug 220 ext. cords, 220 Espresso-Cappuccino machine, \$40. L.R. sheers, kitchen and bathroom carpets, bathroom sink skirt and matching curtain — all to fit Puckler housing with left front kitchen, L.R. on back. Various size picture frames. Call 831-3650 for info and appointment.

'78 Volvo — 242D, 2-door, red, German specs., 60,000 miles, Pioneer AM/FM cassette, guaranteed to pass inspection, \$1,200 or best offer. Call 826-4198 after 5 p.m.

'75 Toyota — AM/FM stereo, set of snow tires, guaranteed to pass inspection, \$550. Call 801-2658.

PCS Sale — Carpets, 6x9, 9x12, 12x15; six year crib; infant car seat; infant carrier, stroller, 220 Volt alarm clock, toaster, heater/fan; books, and many other items. Can be seen at 13 Stewardstr. Apt. 5 (BB) on Sat. and Sun. from 10 a.m. to 5 p.m., or call 813-6503 any day from 10 a.m. to 8 p.m.

'76 Audi 100 — four-door, four-speed, radio, very good running condition, good interior, body rust spots, everything works, dependable transportation, inspection guaranteed. Asking \$350. Call 813-8989. Available on May 28.

'76 BMW 528 — four-door sedan in good condition. Standard transmission, sun roof, and new exhaust system, \$1,500. Call 813-8252.

'76 VW Beetle — \$500. Call 813-8623 after duty hours.

'83 VW Passat Wagon — 43,000 kilometers, European specs., factory air, AM-FM stereo with tape deck, roof rack, white with black interior, \$3,500. Call 831-3696.

'82 Yamaha motorcycle XT 550 — one owner, 3,400 original kilometers, 38 horsepower, purchased new in June '83, \$1,100, includes helmet, goggles, kidney belt, all weather cover. Call 775-8564 after 5 p.m.

'74 Mercedes 280 S — navy blue, is in good condition, AM-FM radio, installed in 1984, a newly rebuilt engine and transmission. Car will pass inspection. Asking \$2,850, firm. Call 832-6740 after 6 p.m.

Sofa — 33" deep, 73" long (could be used as a child's bed) plus two matching chairs. Olive green, excellent condition, \$80 the set. Formica-top table, 22"x33", \$5. Call 833-1979 evenings.

'77 BMW 525 — manual transmission, sunroof, AM/FM radio/cassette deck and speakers, color red, excellent condition. Asking \$1,850. Call 832-6249 evenings.

'73 Mercedes 220/8 — automatic transmission, power steering, power brakes. Very reliable transportation, but needs some body work for rust. Will pass inspection. \$900 or best offer. Call 811-8202 after 5 p.m. weekdays, or all day on weekends.

Ladies white leather suit — new, size 8, consisting of a waist length jacket and straight skirt. \$200. Also new, white leather pants, size 8, \$65. Call 822-3111 after 6 p.m.

'85 Porsche 944 — alpine white, power steering, burglar alarm, black interior, wide tires, lock wheels, air conditioned, four speakers, electric windows, electric side-view mirrors, electric adjustable seats, and other extras. Car built in April 1985. Asking \$20,400. Info phone 801-1327 after 5 p.m.

Canon A-1 camera — data back, flash speedlight, motor drive, 50mm f/1.4 lens, teleconverter, tripod, five (5) different filters, camera bag, plus extras and in perfect condition. Asking \$450. Call 801-1327 after 5 p.m.

Riviera by Buick — America's Car of the Year in '79. Classic 2-door coupe; power steering, brakes, seats, windows, door locks and trunk lock. Elegant metallic silver w/black landau top. AM/FM stereo with automatic antenna. Cruise control, tilt steering wheel, wire wheel covers, velour interior and only 39,900 miles. Move up to luxury for \$5,995, far below "Blue Book". Call 826-3519 anytime.

'1976/77 Mercedes 280 E — 4-door sedan, new tires and all new brakes, power steering and brakes, AM/FM stereo, sunroof, automatic. Looks great, runs super. Sacrifice for \$2,695. Call 826-3519 anytime.

'76 Volkswagen Rabbit — excellent condition. Guaranteed to pass inspection. \$1,200. Call 801-6780.

'77 VW Golf GL — perfect condition, new short block and clutch, less than 2,000 miles, AM/FM, sunroof, \$2,000 or DM equivalent or make offer. Also 4 tires on rims, 185 HR 14, excellent condition, \$100. Call 826-3506 or 819-6390.

Yard Sale — Saturday, May 18, 9 a.m. to 4 p.m. Quality children's clothes, 12 to 24 months, all name brands; toys, 220 iron, 1940's German radio, transformers of all sizes, knick-knacks, plants, etc. 13A Taylor Street No. 8.

'83 Suzuki GSX 400 ED — motorcycle, red, had 5,200 km. Selling for \$900. Contact 855-4109 or 819-3207, ask for Doug.

Queen-size water bed — no headboard, made of Tyke wood, mattress, liner and heater included, \$500. Call 802-6877.

Schrank — large medium brown schrank 3 m (w) by 2 m (h) with 9 closed storage spaces and small open area for display. Asking \$150. Call 813-8780.

German schrank — older type with built-in bar. Good condition, \$150 or best offer over 100. Call 813-8547 after 5 p.m.

'78 Subaru Stationwagon — 4-wheel drive, 30 + miles to gallon. Asking \$1,200. Call 833-1157 after 6 p.m.

Multi-Family Yard Sale — 148 Sundgauer on Saturday, May 18, from 9 a.m. to 4 p.m. Exquisite plants, one 6' tall. Other items include bikes, books, clothing and more. The prices are right.

Olympia Regime Electric Typewriter — like new condition, bought two years ago, 220 Volts, must sell, PCSing. \$150 or DM450. Call 832-6249.

'79 VW Camper — low mileage, excellent condition and U.S. specs., built-in stove and refrig., 5 new tires, and many extras. \$5,300. Call 819-5302.

Wanted

Part-time secretary — for new MITRE office at TCA. U.S. citizenship and typing/word processing experience required. Preferred hours 1:30-5 p.m. Monday through Friday. Job starts September 1985 for approximately one year. Good salary. If interested call 819-5291 with name and telephone number and/or send name to Isabel Meyer, MSG 301 MITRE Corp. PO Box 208, Burlington, Ma. 01803. Isabel Meyer of MITRE Corp. will be in Berlin to interview applicants Jun 10-21.

One small airline approved dog carrier. — Call 813-6603 anytime.

A family picnic — is being hosted by the Berlin La Leche League on Saturday, May 18. Following the picnic will be an informal Couple's Discussion concerning the family and the breastfed baby. For further information call 801-4356.

Child care — daily, weekly, monthly, FCC certified, reasonable rates, near TAR school. Call 813-6760.

Miscellaneous

Piano lessons — now offered by a Juilliard graduate. Call 262-2949 between 8-10 a.m.

Need floss or frame — for that cross-stitch project? I have DMC floss, books, frames and more. Call 832-8389.

English free-lance cook — will solve your problems. Ex London Director's Cook, holder of La Varenne, Paris Certificate. Available for any occasion — formal or informal, luncheons, suppers, dinners, buffets etc., English plus a little French/German spoken. Contact Hall, Tel. 309-4125.

If there is anyone — who has a VCR copy (VHS or Beta) of the 1951 film "An American in Paris", starring Gene Kelly and Leslie Caron that I may borrow or rent overnight, please call 772-6157.

information

ITT

Did you know that ITT is sending a staff of experts to your facility every pay day?

That's right! You can buy concert tickets and book in-city-tours. You can pick up in and out-of-city tour calendars, concert listings, tour brochures, posters and much more, right outside the cafeteria at McNair and in the lobby in front of the Andrews PX. This all happens mid month and end of month pay days, so visit us when we visit you. For more information, give us a call at 6523/4189.

We'll don't just sit there and blubber. Get outside and do it in company. It will be happier to instruct you in constructive blubbing on their next tour to Berlin' biggest and best Blub swim bath. Warm waves, and sun shined filled hours — under glass of course, that's ITT's answer to your spring shivers. Join the ITT tour to Blub on May 22, and from 11 a.m. to 4:30 p.m. you'll think you are in Napoli. Call 819-6523 for information and sign up — and don't blubber alone, do it in Company.

Beginning Typewriting

A beginner's course in touch typewriting for the mastery of machine parts and the keyboard. Special emphasis on speed development, including an introduction to letter writing, tabulating and preparing manuscripts. Three Credit Hours.

Registration for CTC courses may be done daily 8 a.m. to 5 p.m. at the CTC Administrative Offices, Bldg. 1019, Rm. 114, McNair, or at your nearest Education Center. For more information, call Central Texas College at (819) 3649/3651.

CPO Job opening

The Civilian Personnel Division (DM-paying jobs) is now accepting applications for a secretary. Applicants must type a minimum of 40 wpm; shorthand desired but not mandatory at time of appointment — knowledge of shorthand must be obtained later. Papers for secret clearance may be initiated upon appointment.

If you feel that you meet the necessary qualifications, please call Berlin Mil 6443. Applicants will receive consideration without regard to race, color, religion, national origin, marital status, or membership in an employee organization.

Ed Center renovation

McNair Education Center will be closed from May 15, 1985 through May 21 in order to move to their newly renovated location — Building 1001D. From May 15-May 21, Soldiers of the 4/502nd, 5/502nd, and 6/502nd Infantry Battalions whose names appear on the Central In-Out Processing Facility Clearance Roster may pick up their records at In-Out Processing, McNair Barracks.

Allied Coffee Morning

Persons interested in attending the annual Allied Dinner sponsored by the Allied Coffee Morning group and hosted by the British on May 22 should make their reservations and payment by May 17 through the American Representative. Also, those planning to travel with the group to Strasbourg, France, at the end of May aboard the French military train must submit their travel documents and DM 30 to the American Representative by noon, May 20.

There will be an Allied Coffee held Tuesday, May 21, from 10 to 11:30 a.m. in the French sector. All American officer, diplomatic, and Department of the Army and Air Force civilian wives are invited to attend. These informal outings are held twice a month at rotating locations and provide an excellent opportunity for American wives to meet and to get to know their British and French counterparts. Transportation to the French sector for the coffee will be provided from Truman Plaza. Call 813-8515 for reservations or more information about the group.

City Colleges of Chicago

City Colleges of Chicago is offering a command sponsored course in Health Facilities Management — HFM 204. The course will be held Tues. and Thurs. evenings from May 20 to July 12. Register at your local education center. For more information call City Colleges of Chicago at 7235.

Announcement

The Family Child Care office is conducting certification for all residents of government quarters who provide regular child care services in their homes. For further information contact 819-6232.

Class VI Store Inventory

The Class VI Store, Truman Plaza, will be closed for the monthly inventory from 3 p.m. (Sat.) May 25, 85 to noon (Tue.) May 28, 85.

Flag order signatures

All Flag Orders with other than MG John H. Mitchell's signature on them are unauthorized, cannot be used and must be destroyed.

Thrift Shop

Books Books Books. If you have paperback and comic books, the Thrift Shop will pay you 20 pfg. for each book in good condition. Bring in as many books as you like, Mon.-Fri., during business hours.

Important Dates of the Thrift Shop — Closed Thursday May 16; Open Saturday May 18, 10 a.m.-2 p.m.; Closed Thursday May 23; Open Friday May 31, noon-4 p.m. Only two more pick-up and delivery days. Make an appointment for pick-up of your large items by calling 831-3648 by April 17. Watch for double day!

Community Center fun

Before you go to the expense of renting the Ritz for your next club meeting or your next society party — why not check with the All American Community Center at McNair their conference room is newly decorated, and in an ideal location . . . and furthermore it's free. Take advantage of your advantages — call the All American for information and reservations after 1 p.m. at 819-3254.

Shipping German Autos

A workshop entitled "everything you wanted to know about buying and shipping german autos, but didn't know who to ask," will be featured at the Hi-Lite Community Center on Thursday, June 6 and June 13, from 7:00 until 9:00 p.m. This is a no fee workshop, and will cover just what the title implies and much, much more. Deadline for sign-ups is June 4th. Call the Hi-Lite at 819-3554 for further details, after 1 p.m.

Country Faire

The Hi-Lite Community Center is looking for volunteers to compete in Games for the MSAD Old Fashion Country Faire at the rodeo on Memorial Day, May 27 from 1-4 p.m. Try your skill at tug of war, greased watermelon relays, sack races, pie eating contest, and a horse shoe tournament. Bingo will also be played for cash prizes. Don't delay, sign up now at the Hi-Lite Community Center, phone 819-3554 for a day of good 'ol fashioned fun.

Real Estate

Your local Real Estate Agent, Anna Cashwell, has a new telephone number. Call 813-8987 for help after 6 p.m. daily and on Saturdays and Sundays, anytime. Remember there is no charge to you for this service and your move to the States can be made easier if you are planning to purchase a new home. Give me a call.

Child care openings

Registered Family Child Care Provider in the Dueppel area has openings for 2 toddlers and 2 school age children. Child care service is available Mon-Fri from 6:30 a.m. to 6 p.m. Contact the FCC Office at 819-6232 for further information.

Registered Family Child Care Provider at Park Manor has openings for 4 children between ages of 2-6 years old. Child care service is available Mon-Fri from 6:30 a.m. to 6 p.m. Contact the CFF Office at 819-6232 for further information.

New CIF hours

"New operating hours for CIF, McNair, effective June 1, Issues: Mon., Wed. & Fri. 9-12 a.m.; Tue. & Thu. 7:30-12 a.m. Turn Ins and DX: Mon. thru Fri. 1-4 p.m.

Language classes

For TERM 2/85 'EVENING' program the Foreign Language Department Clay HQ offers the following classes from 6 p.m. to 10:30. Gateway Phase I (for beginners), Mon. & Wed. and Tue. & Thur.; Gateway Phase II/1 (for adv. beginners), Mon. & Wed.; German advanced Tue. & Thur.; A-LM Russian I/1 (beginners) Tue. & Thur.; A-LM Spanish Tue. & Thur. Classes will start June 3, 85 and end July 26, 85, they are free of charge. For registration and/or further information please call 6333 or 6605 Mon. thru Fri. 7:30 a.m. thru 4:30 p.m.

Transportation

Travel on U.S. Duty Train will be restricted to personnel in PCS, TDY or emergency status on Wednesday, May 29, from Frankfurt to Berlin.

club news

Rod and Gun shoot

The Berlin Rod and Gun Club will hold a pistol bowling pin shoot on May 18 at Rose Range. Registration starts at 9 a.m. and competition starts at 10 a.m. Event is for revolvers or automatic center fire weapons. Ammunition will be on sale at the range. Prizes will be awarded and the club house will be open for refreshments. Open to men and women.

PTSA meeting

"The Berlin American High School PTSA will hold its final meeting of the year May 22 at 7 p.m. in the school cafeteria. The program for the evening will be emphasis education and where it is heading. Parents of 6th and 7th graders are particularly invited. The new Berlin American high school principal, Ronald Miller, will be a speaker. Come meet him. Refreshments will be served."

TOPS

Were you married in June? Have there been figure changes since then, of the unwanted kind? We know just how you feel and we would like to help you achieve that just-married look again. We are Take Off Pounds Sensibly, a weight-loss support group. We meet in Dueppel on Mondays at 6 p.m. in the Community Room beneath 18/22 Charles H. King. New friends are always welcome! Call Kathy at 801-7357 or Mary at 801-2882 for more information.

Kontakt Boatride

Kontakt, Berlin would like to invite you to our first MOONLIGHT BOATRIDE of the season. The boatride is set for the first of June. The boat "Ms. Havelstern" will depart the Wannsee Harbor at 6:30 p.m. Ticket price will be 15 DM or \$5. A variety of dancing music will be provided by DJDr. C. Bus transportation will be provided to and from the Harbor. To purchase your ticket, come to Building 2, Clay HQ, Room 1114 and talk to PFC Yoakum or Mrs. Kane. Telephone number 819-6809.

lunches

TAR and BAH schools have the following menu for the week beginning May 20:

Monday — Salad, Italian meat sauce, macaroni, fruit cocktail, milk, bread and butter.

Tuesday — Lettuce, pickles, hamburger on bun, French fried potatoes, ice cream, milk.

Wednesday — Salad, Hungarian goulash, mashed potatoes, carrots, pears, milk, bread and margarine.

Thursday — Carrot salad, chicken pattie on bun, buttered corn, choco milk.

Friday — Cole slaw, grilled cheese SDW, buttered green beans, vanilla pudding, milk.

JFK School has the following menu for the week beginning May 20:

Monday — Sauerbraten, potato dumpling, green beans, jello with vanilla sauce.

Tuesday — Chicken frikassie, rice, canned peaches.

Wednesday — Meat balls, tomato sauce, noodles, yoghurt.

Thursday — Pork with sauce, rice, ice-cream.

on the screen

May 16 - May 23

Outpost - Clayallee (6524)

Thu. **Johnny Dangerously** (PG) at 19:30 hours
 Fri. Same show as above, at 19:30 hours
 Sat. Special Matinee: **Ivanhoe** (F) at 14:00 hours
 Sat. **Breaking 2 Electric Boogaloo** (PG) at 18:30 and 20:30 hours
 Sun. Same show as above, at 14:00 and 19:30 hours
 Mon. Same show as above, at 19:30 hours
 Tue. **Police Academy** (R) at 19:30 hours
 Wed. Same show as above, at 19:30 hours
 Thu. **Songwriter** (R) at 19:30 hours

Columbia - Tempelhof (5522)

Thu. **The Karate Kid** (PG) at 19:30 hours
 Fri. Same show as above, at 19:30 hours
 Sat. **Country** (PG) at 19:30 hours
 Sun. **Cotton Club** (R) at 19:30 hours
 Mon. Same show as above, at 19:30 hours
 Tue. Same show as above, at 19:30 hours
 Wed. **Bachelor Part** (R) at 19:30 hours
 Thur. **Johnny Dangerously** (PG) at 19:30 hours

Coliseum - McNair Brks.

Thu. **Beat Street** (PG) at 19:30 hours
 Fri. Same show as above, at 19:30 hours
 Sat. **Starman** (PG) at 19:30 hours
 Sun. Same show as above, at 14:30 and 19:30 hours
 Mon. Same show as above, at 19:30 hours
 Tue. **Racing With The Moon** (PG) at 19:30 hours
 Wed. Same show as above, at 19:30 hours
 Thu. **The Karate Kid** (PG) at 19:30 hours

Andrews - Barracks (3538)

Thu. **Gremlins** (PG) at 18:30 hours
 Fri. Same show as above, at 18:30 hours
 Sat. **Night Of The Comet** (PG) at 18:30 hours
 Sun. Same show as above, at 18:30 hours
 Mon. Same show as above, at 18:30 hours
 Tue. **Breakin** (PG) at 18:30 hours
 Wed. Same show as above, at 18:30 hours
 Thu. **Beat Street** (PG) at 18:30 hours

Mon. Same show as above, at 19:30 hours
 Tue. **Party Party** (R) at 19:30 hours
 Wed. Same show as above, at 19:30 hours
 Thu. - closed -

Astra - RAF Gatow compound

Thu. **Terms Of Endearment** (R) at 19:30 hours
 Fri. **All Of Me** (R) at 19:30 hours
 Sat. Children's Matinee: **First Spaceship In Venus** (G) at 14:00 hours
 Sat. **All Of Me** (R) at 19:30 hours
 Sun. Same show as above, at 19:30 hours
 Mon. **Return Of The Jedi** (G) at 19:30 hours
 Tue. **Greystoke - Legend Of Tarzan** (PG) at 19:30 hours
 Wed. - closed -
 Thu. **Greystoke - Legend Of Tarzan** (PG) at 19:30 hours

Jerboa - Theodor-Heuss-Platz

Thu. - closed -
 Fri. **Unfaithfully Yours** (R) at 19:30 hours
 Sat. Children's Matinee: **Hitch In Time** (G) at 10:00 hours
 Sat. **Unfaithfully Yours** (R) at 19:30 hours
 Sun. **Pope Of Greenwich Village** (R) at 19:30 hours

afn-tv

May 16 - May 23

Thursday

06:00 NBC Nightly News
 06:30 CNN Sports
 06:55 AM Notebook
 07:00 ABC Night Line
 07:30 Just for Kids: Cartoons/Children's Special
 08:50 My Three Sons
 09:20 Fantasy Island
 10:10 People's Court
 10:35 Freeman Reports
 11:30 Family Feud
 11:55 Reel Time
 12:00 CBS Evening News
 12:30 Donahue
 13:15 General Hospital
 14:00 Ryan's Hope
 14:25 It figures
 14:50 Just for Kids: Cartoons/Sesame Street
 16:00 The Today Show
 18:00 CNN Daybreak
 18:30 Berlin Tonight
 18:45 CNN Sports
 19:00 Fame
 19:50 Berlin PM
 20:00 Facts of Life
 20:30 Entertainment This Week
 21:20 Berlin Tonight - Late Edition
 21:25 Dallas
 22:22 CNN Headlines
 22:30 The Tonight Show
 23:25 AFN's Late Show: "Sisters of Death"
 00:55 Comedy Shop
 01:20 ABC World News Tonight
 Nightwatch: Sports/Movies/Prime Time Repeats
 Saturday
 06:00 NBC Nightly News
 06:30 CNN Sports
 06:55 AM Notebook
 07:00 ABC Night Line
 07:30 Just for Kids: Cartoons/Heckle and Jeckle/Inspector Gadget/Flintstones/Mighty Man And Yuck/Voltran
 09:50 Wonders of the Wild
 10:15 Daniel Boone
 11:05 Journey to Adventure
 11:30 Wild Kingdom
 11:55 Berlin PM
 The Saturday lineup which follows was tentative at the time this schedule was prepared.
 12:00 CBS Evening News
 12:30 Hee Haw
 13:20 AFN's Afternoon Matinee: "Bullet for a Badman"
 14:40 CNN Showbiz Tonight
 Friday
 06:00 NBC Nightly News
 06:30 CNN Sports
 06:55 AM Notebook
 07:00 ABC Night Line
 07:30 Just for Kids: Cartoons/Big Blue Marble (TTL)/Sesame Street
 09:05 AFN's Morning Movie: "The Rivals"
 10:35 Freeman Reports

11:30 Family Feud
 11:55 Berlin PM
 12:00 CBS Evening News
 12:30 Donahue
 13:15 General Hospital
 14:00 Ryan's Hope
 14:25 Just for Kids: Leslie, The Shreve/Cartoons/Vegetable Soup/Space Sentinels
 16:00 The Today Show
 18:00 CNN Daybreak
 18:30 Berlin Tonight
 18:45 CNN Sports
 19:00 Fame
 19:50 Berlin PM
 20:00 Facts of Life
 20:30 Entertainment This Week
 21:20 Berlin Tonight - Late Edition
 21:25 Dallas
 22:22 CNN Headlines
 22:30 The Tonight Show
 23:25 AFN's Late Show: "Sisters of Death"
 00:55 Comedy Shop
 01:20 ABC World News Tonight
 Nightwatch: Sports/Movies/Prime Time Repeats
 Saturday
 06:00 NBC Nightly News
 06:30 CNN Sports
 06:55 AM Notebook
 07:00 ABC Night Line
 07:30 Just for Kids: Cartoons/Heckle and Jeckle/Inspector Gadget/Flintstones/Mighty Man And Yuck/Voltran
 09:50 Wonders of the Wild
 10:15 Daniel Boone
 11:05 Journey to Adventure
 11:30 Wild Kingdom
 11:55 Berlin PM
 The Saturday lineup which follows was tentative at the time this schedule was prepared.
 12:00 CBS Evening News
 12:30 Hee Haw
 13:20 AFN's Afternoon Matinee: "Bullet for a Badman"
 14:40 CNN Showbiz Tonight

15:05 Solid Gold
 16:00 Washington Week in Review
 16:30 Who's The Boss
 17:00 It's Your Move
 17:30 EUCOM Report
 18:00 CNN News
 18:30 Benson
 19:00 Chips
 20:00 Cagney & Lacey
 Sports: to be announced
 After the Sports: New York Hot Tracks/AFN's Late Show: "The First Olympics" (Part 2)
 Nightwatch: Sports/Movies/Prime Time Repeats
 Sunday
 06:00 CNN News
 06:30 Firing Line
 07:30 700 Club
 08:00 Just for Kids: Cartoons/Flintstone Frolics/Mr. Wizard's World
 09:15 National Geographic
 10:10 At Home With the Bible
 10:40 Sacred Heart
 11:05 Meet the Press
 11:35 Face the Nation
 The Sunday lineup which follows was tentative at the time this schedule was prepared.
 12:00 CNN News
 12:30 Latin Tempo
 12:55 Nickelodeon Matinee: "Chuckleheads/Rocky Jones" Part 4/Pal Muppets
 14:30 Wonderful World of Disney: "The Cherokee Trail"
 15:45 Variety Special: Claude Bolling
 16:45 The Nature of Things: Ellesmere Land
 17:45 American Forces Perspective
 18:00 CNN News
 18:30 E/R
 19:00 Sixty Minutes
 20:00 Matt Houston

21:00 Sports: to be announced
 After the sports: AFN's Late Show - "Pygmalion"
 Monday
 06:00 CNN News
 06:30 This Week with David Brinkley
 07:30 Just for Kids: Cartoons/Sesame Street
 08:45 AFN's Morning Movie: "Pygmalion"
 10:35 PBS' American Interests
 11:00 Money Week
 11:30 Family Feud
 11:55 Feature Film Highlights
 12:00 CNN News
 12:30 Donahue
 13:15 General Hospital
 14:00 Ryan's Hope
 14:25 Just for Kids: Mr. Roger's Neighborhood/Cartoons/Electric Company/Heckle and Jeckle
 16:00 The Today Show
 18:00 CNN Daybreak
 18:30 Berlin Tonight
 18:45 CNN Sports
 19:00 Ripley's Believe it or not
 Berlin PM
 Alice
 T. J. Hooker
 21:20 Berlin Tonight - Late Edition
 21:25 Falcon Crest
 22:22 CNN Headlines
 22:30 Merv
 23:15 AFN's Late Show: "Katie - Portrait of a Centerfold"
 00:55 Peter Appleyard
 01:20 ABC World News
 Tuesday
 06:00 NBC Nightly News
 06:30 CNN Sports
 06:55 AM Notebook
 07:00 ABC Night Line
 07:30 Just for Kids: Cartoons/Mr. Moon's Magic Circle
 08:25 Rhoda
 08:50 Mary Tyler Moore Show
 09:20 Regis Philbin Health Styles

10:05 New Tech Times
 10:35 Freeman Reports
 11:30 Family Feud
 11:55 Berlin PM
 12:00 CBS Evening News
 12:30 Donahue
 13:15 General Hospital
 14:00 Ryan's Hope
 14:25 Louisiana Cookin'
 14:55 Just for Kids: Cartoons/Sesame Street
 16:00 The Today Show
 18:00 CNN Daybreak
 18:30 Berlin Tonight
 18:45 CNN Sports
 19:00 The Dukes of Hazzard
 19:50 Berlin PM
 20:00 Three's a Crowd
 20:30 Fantasy Island
 21:20 Berlin Tonight - Late Edition
 21:25 Call to Glory
 22:22 CNN Headlines
 23:30 Sports: to be announced
 After the Sports: Hit City/David Letterman/ABC World News
 Wednesday
 06:00 NBC Nightly News
 06:30 CNN Sports
 06:55 AM Notebook
 07:00 ABC Night Line
 07:30 Just for Kids: Cartoons/Super 7/Sesame Street
 08:45 AFN's Morning Movie: "Rose of Washington Square"
 10:35 Freeman Reports
 11:30 Family Feud
 11:55 Berlin PM
 12:00 CBS Evening News
 12:30 Donahue
 13:15 General Hospital
 14:05 Ryan's Hope
 14:30 Fight Back
 14:55 Just for Kids: Cartoons/Inspector Gadget/Mr. Wizard's World
 16:00 The Today Show
 18:00 CNN Daybreak
 18:30 Berlin Tonight

18:45 CNN Sports
 19:00 Silver Spoons
 19:30 The Cosby Show
 19:55 AFN's Evening Movie: "The Dream Merchants" (Part 1)
 Berlin Tonight - Late Edition
 21:35 Donahue
 21:40 St. Elsewhere
 22:30 CNN Headlines
 22:40 The Tonight Show
 23:40 AFN's Late Show: "13 Styles Strike Back"
 01:10 ABC World News
 Thursday
 06:00 NBC Nightly News
 06:30 CNN Sports
 06:55 AM Notebook
 07:00 ABC Nightline
 07:30 Just for Kids: Cartoons/Children's Special
 08:55 My Three Sons
 09:20 Margin for Life
 09:45 Runaways
 10:10 People's Court
 10:35 Freeman Reports
 11:30 Family Feud
 11:55 Berlin PM
 12:00 CBS Evening News
 12:30 Donahue
 13:15 General Hospital
 14:05 Ryan's Hope
 14:30 It Figures
 14:55 Just for Kids: Sesame Street/Cartoons
 16:00 The Today Show
 18:00 CNN Daybreak
 18:30 Berlin Tonight
 18:45 CNN Sports
 19:00 The Waltons
 19:50 Berlin PM
 20:00 Too Close for Comfort
 20:30 Murder, She Wrote
 21:20 Berlin Tonight - Late Edition
 21:25 Dynasty
 22:22 CNN Headlines
 22:30 The Tonight Show
 23:25 AFN's Late Show: "In Like Flint"
 01:20 ABC World News

bfbs-tv

The Services Sound and Vision Corporation BFBS Television Program Schedule - May 16 - May 23 -

Thursday

12:40 Our Backyard
 13:00 Schools: Let's go Maths
 13:15 Schools: Stop, Look, Listen
 13:30 Take The High Road
 13:55 Instant German
 14:00 News after Noon and Weather
 14:30 Closedown
 16:45 The Little Green Man
 Birthday Time
 17:00 Play School
 Birthday Time
 17:20 Do It
 Birthday Time
 17:45 Blue Peter
 18:10 Grange Hill
 18:35 Instant German
 18:45 News and Weather
 19:00 The A-Team
 19:45 Hi-De-Hi
 20:15 Just another day
 20:45 Moving
 21:10 Maelstrom
 22:00 News and Weather
 22:25 The British Connection
 23:20 Closedown
 Friday
 12:30 Rainbow
 12:50 Schools: You And Me
 13:10 Take The High Road
 13:50 Instant German

14:00 News after Noon and Weather
 14:30 Closedown
 16:45 Cockleshell Bay
 Birthday Time
 17:00 Play School
 Birthday Time
 17:20 Freetime
 Birthday Time
 17:45 Supergran
 18:10 Bullseye
 18:35 Instant German
 18:45 News And Weather
 19:00 Top Of The Pops
 19:35 Are You Being Served? (New)
 20:05 Nature
 20:40 M*A*S*H
 21:05 Cover Her Face
 22:00 News And Weather
 22:25 Film: "Hooper"
 24:00 Closedown
 Saturday
 11:45 Birthday Time Cartoon Show
 12:00 Grandstand
 18:15 Cartoon Time
 18:35 News And Weather
 18:45 Dr. Who
 19:30 The Grumbleweeds Radio Show
 19:55 The Price Is Right

20:45 One By One
 21:35 The Invaders
 22:25 Chance In A Million
 22:50 Miss Marple - A Murder Is Announced
 23:45 Karen Kay (New)
 24:15 Closedown
 Sunday
 15:35 Eastenders (Omnibus)
 16:35 Knight Rider
 Birthday Time
 17:20 Bertha (New)
 Birthday Time
 17:40 He-Man And The Masters Of The Universe
 Birthday Time
 18:05 Finders Keepers
 18:25 The Pickwick Papers
 18:55 Highway
 19:30 News And UK Weather
 19:40 The Fame Game
 20:20 The Natural World
 21:10 Mastermind
 21:35 Last Of The Summer Wine (New)
 22:05 That's Life
 22:50 The Last Place On Earth
 23:45 Closedown
 Monday
 12:35 Fingerbobs
 12:55 Schools: World And Pictures
 13:15 Schools: Picture Box
 13:35 Emmerdale Farm

14:00 News after Noon and Weather
 Closedown
 14:30 Tickled Of The Tum
 Birthday Time
 16:50 Play School
 Birthday Time
 17:05 How Dare You!
 Birthday Time
 17:25 Blue Peter
 18:15 Jamie Running
 18:45 News And Weather
 19:00 Family Fortunes
 19:20 Coronation Street
 19:40 Roll Over Beethoven
 20:10 The Two Ronnies
 21:00 Off The Record
 21:10 Quincy
 22:00 News And Weather
 22:25 World In Action
 22:50 SportsScene
 23:40 Closedown
 Tuesday
 12:30 Bagguss (New)
 12:50 Schools: Seeing And Doing
 13:12 Schools: Zig Zag
 13:35 Emmerdale Farm
 14:00 News After Noon And Weather
 Closedown
 14:30 Bric-A-Brac
 Birthday Time
 16:50 Play School
 Birthday Time

17:25 Scooby, Scrappy And Yabba
 Doo
 Birthday Time
 17:50 Behind The Bike Sheds
 18:10 Eureka!
 18:45 News And Weather
 19:00 Scene Here (New)
 19:15 This Is Your Life
 19:40 The Good Life (New)
 20:10 Dallas
 20:55 Top Gear
 21:25 Victoria Wood - As Seen On TV
 22:00 News And Weather
 22:25 Whistle Test
 23:25 Closedown
 Wednesday
 12:30 Hokey Cokey
 12:50 Schools: My World
 13:10 Schools: Music Time
 13:30 Our House
 14:00 News After Noon And Weather
 14:30 Closedown
 16:45 Button Moon
 Birthday Time
 17:00 Play School
 Birthday Time
 17:20 Dogtanian And The Three Musketeers
 Birthday Time
 17:50 Record Breakers
 18:15 Monkey Business
 18:45 News And Weather
 19:00 Tomorrow's World

19:25 Coronation Street
 19:50 All Star Secrets
 20:15 Falcon Crest
 21:05 Television
 22:00 News And Weather
 22:25 Blott On The Landscape
 23:20 Closedown
 Thursday
 12:50 Little Misses And The Mister Men (New)
 13:10 Schools: Let's Go Maths
 13:25 Schools: Stop, Look, Listen
 13:35 Take The High Road
 14:00 News After Noon And Weather
 14:30 Closedown
 16:50 Jamie And The Magic Torch (New)
 Birthday Time
 17:05 Play School
 Birthday Time
 17:25 Do It
 Birthday Time
 17:50 Blue Peter
 18:20 Grange Hill
 18:45 News And Weather
 19:00 The A-Team
 19:45 Hi-De-Hi
 20:15 Just Another Day
 20:45 There Comes A Time (New)
 21:10 Maelstrom
 22:00 News And Weather
 22:25 Grand Prix: Monte Carlo
 23:05 Closedown

Women's bodybuilding comes of age in Berlin

by David Porreca

Paula Luta's biceps threaten to burst through her cellophane skin as she forces one last curl from her exhausted muscles.

Julie Fay knocks out set after set of bench presses, satisfied that the fire in her chest means progress in size and definition.

Midge Thacker grimaces as she tortures her stomach with hundreds of situps, crunches, and leg raises, her daily prescription for armor-plated abdominals.

Luta, Fay, and Thacker are just some of the Berlin women caught up in the hottest sport of the 1980's: bodybuilding. Tomorrow, they and other women (as well as men) will participate in TCA's first bodybuilding contest. They will put on display a new ideal of the feminine physique, one that is muscular, shapely, hard, and defined.

The veteran of Berlin's women bodybuilders is Paula Luta, who began lifting in 1981 and has competed in six contests since 1982. This year she has won both contests she has entered, the Ms. VII Corps and a local German competition. Previously she has taken third in the Ms. Western Washington, and fifth in the Ms. Hawaii.

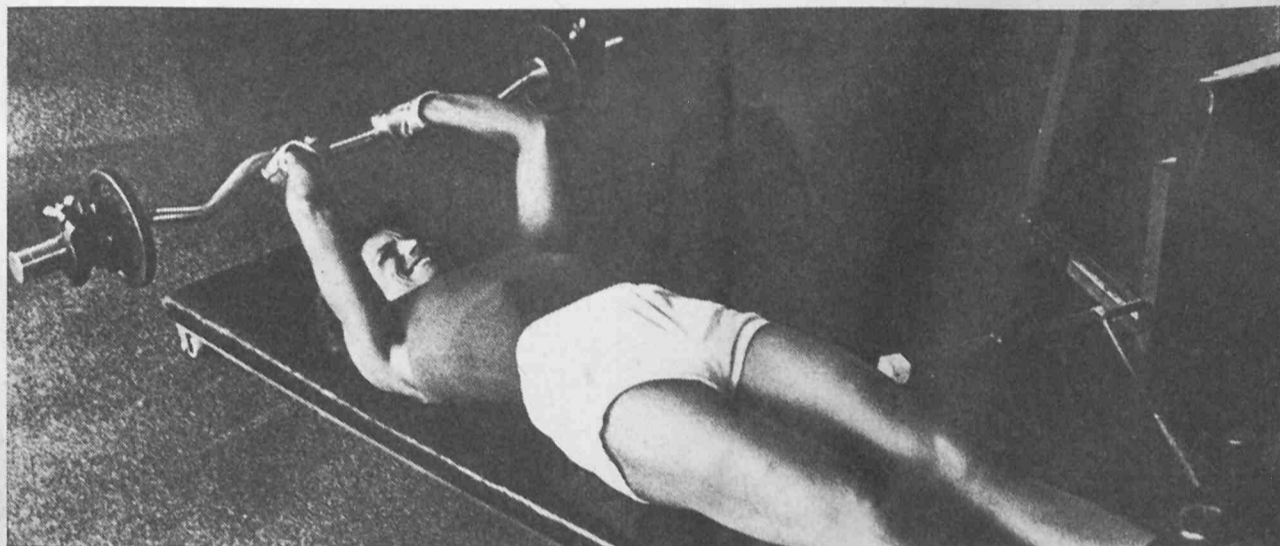
Luta became interested in bodybuilding while working for a health club in Washington state. She started

As she prepares for tomorrow's TCA contest, Luta puts into practice all the advanced training techniques her years of experience have taught her. She works out six days a week in an attempt to bring out muscle density and rid herself of subcutaneous bodyfat. She divides her physique into three groups of body parts, and exercises each group twice a week, except for her stomach and calves, which she works every day.

As she blitzes her muscles, she goes from exercise to

she says, but didn't begin concentrating on bodybuilding until this year. At 4'11" and 114 pounds, she brings with her a bulky frame with plenty of muscle mass. As the TCA contest approached, the question was whether she could get that mass chiseled enough to compete against a walking anatomy chart like Luta.

In order to shred her physique, Fay adopted a radical training program. For the last three weeks she has worked each bodypart six days a week, eschewing tradi-



Paula Luta gets big and ripped by blasting her triceps with prone extensions.

exercise with little or no rest between sets. She employs supersets and tri-sets for every bodypart. (A superset is the execution of two exercises with no rest in between; a tri-set is the performance of three exercises with no rest.) In the last few weeks prior to a contest, she increases her regimen to 16-20 sets per bodypart. She also changes her routine every training session, adhering to the principle of muscle confusion.

Intensive lifting is just part of Luta's precontest preparation, however. Perhaps even more important is the matter of diet. In order to achieve the utmost ripped condition of minimal bodyfat, Luta must monitor her nutrition with almost clinical care.

"Before a contest I eat no red meat or dairy products," she says. "I eat baked fish and chicken, and plenty of complex carbohydrates in the form of leafy vegetables. I cut out all fats. I eat eight small meals a day. My metabolism is very fast, so I often have trouble getting enough calories to fuel my workouts. A week before a contest, I also practice carbohydrate loading and sodium loading."

Two final elements in Luta's preparation are tanning and posing. She spends every day at the solarium making sure she will have a dark tan when she steps onstage. A good tan is essential for successful competition, she says, because without it, a bodybuilder will appear less defined to the judges.

Good posing, too, is required for high placing. Luta notes that many bodybuilders with championship-caliber physiques fail to win contests because they lack fluid posing ability and charismatic stage presence. She spends at least three hours a week going through her posing routine.

When all these elements are put together, when all components mesh in front of the judging panel, the result is a championship physique. With her experience and track record, Luta would have to be the favorite going into tomorrow's contest. But there are others ready to deny Luta the TCA title. Julie Fay is one.

Fay, a former powerlifter who holds the North Dakota record in the 114 pound class, is a relative newcomer to bodybuilding. Her only previous physique contest was in January 1984, when she placed third in the North Dakota state championships. She has been training "off and on" for three years,

tional advice that each muscle get at least 48 hours rest between workouts.

"I find that I don't overtrain with this routine," Fay says. "It only lasts three weeks, so I really don't have a chance to burn out."

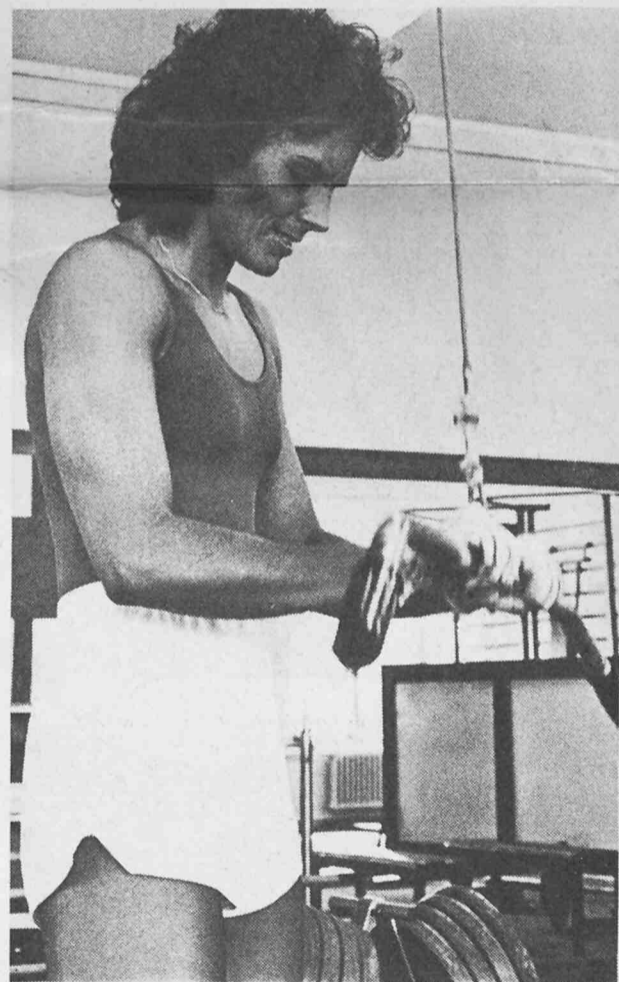
She also adds an hour of aerobics each day, and keeps her carbohydrate intake to almost zero. Fay's diet is completely different from Luta's, who relies on complex carbs as the main source of her energy. Fay, who eats three to four times a day in contrast to Luta's eight, survives almost entirely on a high protein, low carb, no fat diet. Tunafish is her daily staple. Yet she doesn't complain of energy depletion, adding that if she gets enough rest each day, she is able to go through her twice daily workouts with ferocious intensity. She does admit, however, that she will be glad when she can do some carbohydrate loading of her own immediately prior to the contest.

Midge Thacker is another powerlifter turned bodybuilder. Unlike Luta and Fay, tomorrow will be her first contest. To get ready for it, she too has been hitting the gym six days a week, dieting strictly, holing up in the solarium, and practicing her posing. Because she is a novice, she has been avoiding the advanced techniques employed by Luta and to a lesser extent by Fay. She looks on the TCA contest as a learning experience. Though she hopes to make the top six, she will be satisfied if it serves as a foundation for future competitions.

Thacker has been powerlifting for a year, and bodybuilding for six months. She likes the sense of achievement she feels when she sees her physique taking on a new shape, a shape she has willed into being. She encourages other women who might be interested in bodybuilding not to be intimidated when they walk into a gym and find it filled with grunting, sweating men.

"At first you may feel out of place," Thacker says. "But eventually you find that everyone is helpful. Everybody is working toward the same goal: fitness."

Thacker may not have to worry about women shying away from the gym much longer. When she, Fay, Luta, and the others step onstage at TCA tomorrow, they may inspire a new wave of women bodybuilders in Berlin. In which case Berlin gym managers had better start planning for some crowd control.



Luta works the pressdown machine in BB gym.

training in April 1981, the only woman lifter in a club loaded with hulking men. By her own estimation, she "piddled around" for a few months, not lifting with any intensity. But by November she had become an iron pumping addict, and in May 1982 she competed in her first contest, a local affair in which she placed second. The Western Washington followed soon after, and her success convinced her that bodybuilding was her calling.

"I like the feeling I get from lifting," she says. "It takes my mind off everything. I can see the results. Besides, it's nice to stand out in the crowd. When I walk down the street in a sleeveless shirt or a pair of shorts, I want there to be no doubt that I am a bodybuilder."

briefly

Evening workout

Evening aerobics begins Wednesday, and continues on Mondays and Wednesdays from 6:30-7:30 p.m. at the BAHS gym. Sign up by showing up at the gym Wednesday.

Softball scoop

Company level softball action got underway this week, with four of the five leagues beginning play. The 4th Battalion league will start up after the soldiers return from Wildflecken.

FSB has its games on Tuesdays and Thursdays at Andrews Field, with game times of 5:15 p.m., 6:15 p.m. and 7:15 p.m. CSB also plays at Andrews. They take the field Mondays and Fridays, with game times of 5:15 p.m., 6:30 p.m. and 7:45 p.m. The 6th Bn league plays at McNair on Tuesdays and Wednesdays with the first game coming at 5:45 p.m., and 5th Battalion plays at McNair field number one Mondays and Thursdays beginning at 5:30 p.m.

Camping Info

Anyone who wants to camp out at Rose Range must submit a disposition form through G-3 training to MSAD outdoor recreation. Pre-printed DFs are available. Copies can be obtained, as well as further information, through Sp5 Rangel at 819-6696.

YA ceremonies

Opening Ceremonies for the Youth Activities baseball and softball seasons will take place at Düppel field No. 1 at 10 a.m.

Maj. Gen. John H. Mitchell, U.S. Commander of Berlin, will be the guest speaker for the event. The color guard will perform, and all teams will be on the field in uniform for the occasion. Later, two of the bantam boy's teams will play an exhibition game. "The event should be very colorful," according to Bob DeShields, the YA sports director.

BAHS student Cassandra Coyle will sing the national anthem.

Next week, the YA baseball schedules will appear in the Berlin Observer. Due to a lack of registration, there will be no senior league team, DeShields said.

Track and Field Officials

A track and field officials clinic is scheduled for May 23 at Yankee Stadium from 8-10 a.m. It's open to anyone interested in up-to-date track and field officiating. For further information, call Sheila Lloyd-Graham at 819-7181.

USAB Marathon

USAB Marathon results:

- 1st place-- Roger Graham, CSB-- 3:12.23
- 2nd place-- Mark Ladd, Meddac--3:25.34
- 3rd place-- Fred Pohlman, USAISC-- 3:28.37
- 4th place-- Daniel Essary, 287th MP Co.-- 3:57.51

Patch boots BAHS soccer team

BAHS roundup

by Charles Cleveland

The BAHS boy's soccer team suffered a 2-1 defeat, its third of the season, at the paws of the Patch Panthers Saturday at the BAHS soccer field.

The Panthers boosted their first place record to 6-0, while the Bears' record fell to 2-3-1.

The game was extremely well played and hard fought by both teams. The Panthers were able to score first as a mix-up in front of the Berlin goal caused a Panther shot to be deflected in by a Berliner. The Bears were able to draw blood in the second half as Jim Hays took a textbook perfect, cross field pass from Doug Magruder and hammered the ball past the Panther goalie.

The defensive players of both teams had extremely



Pat Guzik . . . strong force in the Berlin goal.

good games as neither team could score again. The regulation time ended in a 1-1 tie. Berlin is the first team all year not to have lost to the Panthers during regulation. The Panthers scored their winning goal during the overtime.

For the Bears, Tim Murphy and Jim LeBlanc played exceptionally well on defense. Goalie Pat Guzik also played a fine game, as he blocked several Panther shots. On the offensive side, Magruder's aggressive play and never-quit attitude inspired the rest of the team. According to Berlin coach Phil Schmoll, this was one of Berlin's best games of the season.

The J.V. tied the Panthers 2-2. Mike James and Rich Beem put in the decisive goals for Berlin.

Tennis team ties Patch

The BAHS tennis team had to settle for a 9-9 tie with Patch, Berlin's third tie of the season.

The Bears, now 3-0-3 on the season with one match to go, grabbed the early lead on the strength of strong singles play, especially Marcus Tingle and Laura Keller. Tingle won his fourth straight match, this time over one of the league's stongest players. Keller avoided her tendency to get involved in close matches by shutting out her opponent.

Patch rebounded with dominating doubles play, however, and it took a Debbie Lissfelt-Renee Lajoie doubles victory to enable the Bears to salvage the tie.

The BAHS teams, including the girls soccer team, losers to Patch last weekend, will conclude their regular seasons Saturday against Osterholz.

The soccer games will take place at the high school field. Both J.V. and varsity teams, boys and girls, will compete. The action starts at 9 a.m. The tennis team will square off against Osterholz at the Harnack House courts starting at 9 a.m. In case of inclement weather, the match will be held in the BB tennis bubble.

Meeting for '85 athletes

The BAHS athletic department holds a preparation meeting for all athletes and coaches for the 1985-86 school sports year. The meeting begins at 3:15 p.m. in the BAHS cafeteria. Parents are welcome to attend. Rules, regulations, scheduling (including the move to the A Gold league) and eligibility requirements will be discussed.

Bears rebound to knock off Hanau

Softball report

The men's community softball team rebounded from a sluggish start to win three out of four games over the Hanau Panthers.

The women's team split their four-game series with the Panthers.

The Berlin-Hanau matchup was a rematch of the 1984 USAREUR finals, which the Bears won handily. But the Panthers quickly gained a measure of revenge by punding out an 11-7 victory in the first game.

The Bears regrouped, however, and closed out Saturday's action by thrashing the Panthers, 13-5.

"They're a good team, and we didn't hit well in the first game," said Berlin coach Corky Francis. "They were definitely up for us. But after that first game, I think our pride got to us."

The Bears continued their hot hitting on Sunday. In the first game, the Bears played long ball en route to an 18-9 victory. Later, they wrapped up the series by outlasting the Panthers, 10-8.

The Bears improved their record to 10-2 overall, including 9-1 in the V Corps league.

According to Francis, this year's edition of the Berlin

team is potentially stronger than the 1984 championship squad. "This team has a tremendous comeback quality," Francis said, alluding to the fact that the Bears came from behind several times over the weekend. "I just haven't come up with exactly the right combinations yet. But with a 30-game schedule, I should have it down before the USAREUR championships."

The women's team won their first game, 9-5, but were defeated, 13-6 and 7-5 in their next two contests. The Bears came back to even the series with a 10-5 victory in the final game. The women's team evened their record at 4-4 with the win.

The men's fast-pitch team opened their season with two losses in a tournament in Frankfurt. The Bears lost to Würzburg 6-4, and later lost again to Mannheim, 10-6.

The pre-season women's softball tournament begins Saturday and continues Sunday at Andrews Field. Action begins Saturday at 10 a.m. The teams competing will include the Aggressors, FSB, the Cobras, the Bad News Bears, Meddac, the Avengers, and HHC. The championship game is scheduled for 2 p.m., with the if-necessary game slated for 4 p.m. Women's league play starts Wednesday at 6 p.m., and continues on Wednesdays at the same time and on Sundays at 1 p.m.